

Supportive Interventions Checklist for Social Workers

Parkinson's disease is a complex neurological disorder that impacts each person differently. This checklist can be used as tool or a guide to work through potential challenges or barriers a person with Parkinson's may be facing. Be curious and ask questions!

COMPREHENSIVE NEEDS ASSESSMENT

- Assess Adjustment to Illness
- Discuss Quality of Life Issues
- Identify Family/Social Support

SUPPORT COUNSELING

- Discuss (or Identify) Strategies for Coping
- Offer Crisis Intervention
- Provide Referrals to Community Resources

ADVANCE CARE PLANNING

- Complete Advance Care Directives
- Plan for Future Care Needs Discussion

FAMILY/CAREGIVER NEEDS

- Locate Support Groups
- Organize Levels of Formal and Informal Respite Care
- Make a Plan to Prioritize Self Care

COMMUNICATION

- Establish a System of Communication within the Healthcare Team
- Provide Education to the Person with Parkinson's and their Family System

TRANSITIONS IN CARE

- Identify Affordable and Appropriate Assisted Living/Skilled Nursing
- Discuss the Timing to Initiate Palliative Care
- When Necessary, Implement End of Life Care (Hospice)

Reprinted with permission from Adriana Gonzalez MSW, LCSW